VERNAL POOL PROJECT



photo © Dave Huth

VOLUNTEER HANDBOOK





a community science program of the Harris Center for Conservation Education

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About the Vernal Pool Project

Every spring, small depressions in the forest floor fill with rain, melting snow, and eventually, salamander and frog eggs. By summer's end, many of these vernal pools will have dried up, revealing little trace of the life they contained in April.

These woodland pools serve as critical breeding habitat for amphibians, insects, and even crustaceans, who in turn exert a powerful influence on the ecology of the surrounding forest. Because they're small and seasonal, they're also especially vulnerable to development, logging, and road impacts. Knowing the locations of these small but mighty ecosystems can help town planners, conservation commissions, and others make more informed decisions about land use in our communities. However, we can only protect vernal pools if we know where they are!

As a first step towards the conservation of these vital ecosystems in southwest New Hampshire, the Harris Center for Conservation Education trains volunteers to identify and document vernal pools, with special focus on lands where information is needed for conservation planning.



wood frog egg mass photo © Brett Amy Thelen

What are Vernal Pools?



A local vernal pool, flooded in April and dry in October. photos © Brett Amy Thelen

Vernal pools are temporary bodies of water that form when melting snow and spring rain fill shallow depressions in the forest floor. They are not permanently connected to other water bodies and they often dry out completely by late summer. This wet-dry cycle prevents fish from establishing permanent populations in these isolated, ephemeral pools. Because they are free of fish that might otherwise eat amphibian eggs and larvae, vernal pools provide critical breeding habitat for a suite of forest-dwelling amphibians. Such "obligate species" depend on these ephemeral ecosystems for their survival. Vernal pools also serve as important wetland "stepping stones" for other amphibians, turtles, birds, and even small mammals in upland landscapes.

Obligate Vernal Pool Species

In New Hampshire, the primary vernal pool indicator species are:

Wood Frog (Lithobates sylvatica) Spotted Salamander (Ambystoma maculatum) Jefferson Salamander (Ambystoma jeffersonianum)* Blue-spotted Salamander (Ambystoma laterale)* Marbled Salamander (Ambystoma opacum)** Fairy Shrimp (Eubranchipus vernalis) * frequently hybridize ** extremely rare

Breeding activity is most commonly verified by photographs of **egg masses** of obligate amphibian species, but can also be documented with photographs of wood frogs in amplexus, congressing mole salamanders, tadpoles or larvae of obligate frog or salamander species, or adult fairy shrimp.



Getting Started

Think Spring

In early spring, wood frogs and mole salamanders clamber out of underground burrows and make their way to vernal pools to breed. The spring amphibian migration is highly weather-dependent, but courtship and egg laying often occur by mid- to late April. When wood frogs are chorusing, you can easily follow their raucous quacking to the nearest vernal pool. Egg masses typically remain visible making for easy photo documentation of breeding by obligate species — through late May, and larval salamanders and tadpoles may remain in pools t hrough August. Many folks prefer to go vernal pooling in late April or early May, before mosquitoes and black flies have taken wing.

It is also possible to identify vernal pools during the dry months: look for depressions in the forest floor containing water- or sediment-stained leaves, sphagnum moss, or wetland plants, and keep your

eyes peeled for caddisfly cases or fingernail clams nestled below the leaf litter. If you find a pool in the off-season, note its location for a follow-up visit in the



spotted salamander photo © Dave Huth

spring. Remember — vernal pool documentation is not complete without a photograph of obligate species breeding activity, which only occurs in the spring.

Landowner Permission is Key

You must have written landowner permission to visit vernal pools on private property. In most cases, the Harris Center will have already obtained landowner permission for properties being surveyed in conjunction with this Vernal Pool Project. However, if you are documenting vernal pools on other private land, it is **essential** that you obtain landowner permission before visiting the property. To keep things neighborly, we suggest talking with landowners directly and inviting them to accompany you on your vernal pool search. See page 17 for more guidelines for contacting landowners.

Landowner permission is not usually necessary for public land. If you're unsure, check with the Harris Center to see if permission is needed before visiting a site to search for vernal pools.

Take Good Notes

As you walk to your vernal pool, pay close attention to distances, direction of travel, and landmarks (numbered telephone poles, distinctive trees, boulders, etc.) Writing detailed directions along the way will make it much easier for other folks to locate your pool in the future.

GPS or Paper Maps?

We **strongly** suggest that you use a GPS unit or smartphone app to record the exact latitude

> and longitude of your vernal pool, as this makes data management *much* easier. GPS users: please report coordinates in decimal degrees, using NAD83 or WGS84 datum. Otherwise, you'll need to mark the location of your

pool on an online map or paper topographic map, making sure to label the map with the pool's code and your name. You can photograph labeled paper maps to include with the rest of your digital records.

Null Data are Important Data

Predicting the presence of vernal pools via remote sensing is notoriously difficult, so if the Harris Center has provided you with a map or list of coordinates for PVPs to investigate, it is highly likely that some of them will not be vernal pools. These data are still important to us! **Make sure to report back on all PVPs you visit,** even the ones that don't turn out to be vernal pools.

Documenting Vernal Pools

To document a vernal pool for use in local conservation planning, please submit the following information online at **harriscenter.org/vernal-pool-project**.

- I. A labeled photograph of the **flooded vernal pool**.
- 2. A labeled photograph of **at least one egg mass** (or, in the case of fairy shrimp, adult shrimp) **for each obligate species** found in the pool.
- 3. A photograph of your field sketch of the vernal pool. (See page 8 for tips.)
- A completed data form, including: GPS coordinates, written directions to the pool, estimated egg mass counts by species, and habitat information. (See pages 15 and 16 for a sample data form.)



Things to Bring

Provided by the Harris Center

√ Small whiteboard
 √ Field maps with labeled PVPs
 √ GPS coordinates for PVPs
 √ Egg mass identification sheet
 √ Field data sheets
 √ this Vernal Pool Volunteer Handbook
 √ Landowner contact information

Other

√ Dry erase markers
 √ Pencils
 √ Rag
 √ Digital camera or smartphone
 ✓ GPS or smartphone with mapping app
 √ Polarized sunglasses
 √ Polarized sunglasses
 √ Shallow, light-colored bin or frisbee
 √ Clipboard
 √ A friend or field partner

Optional

 $\sqrt{}$ Field Guide to Animals of Vernal Pools

 $\sqrt{1}$ Hip waders, rain boots, or old sneakers

> $\sqrt[n]{}$ Dipnet $\sqrt[n]{}$ Binoculars $\sqrt[n]{}$ Bug spray



wood frog egg mass drawing © Dawn Morgan

Best Practices

Handle with Care

In all of your fieldwork, strive for only minor, temporary disruption of the vernal pool and its residents. Be gentle with egg masses and amphibians, and *never* handle them if you have lotion, sunscreen, hand sanitizer, or bug spray on your hands, as amphibians are very sensitive to chemicals. When you're done, *gently* release critters and egg masses back into the pool.

Leave Four-Legged Friends at Home

Please do not let your dogs wade into springtime vernal pools, as romping pups can inadvertently dislodge egg masses, stir up sediment, or disturb breeding amphibians.

What if it's Mucky?

In many cases, it will be possible to collect data simply by observing from the pool's edge. If you must venture into a pool to get a closer look, move slowly and gently check the substrate first. If it's mucky, limit your time in the water to minimize disturbance (and to keep your boots firmly on your feet!)

Practice Low-Impact Photography

Whenever possible, leave egg masses attached to vegetation or sticks and take photographs in place.

Clean Your Gear

Amphibians are especially vulnerable to viruses and other diseases, which can be spread from pool to pool on your boots and field gear. When traveling from one vernal pool complex to another, be sure to remove any mud, algae, or vegetation from your boots and any other field gear that may come into contact with the water. It's also a good idea to disinfect your gear with a 4% bleach solution at the end of each day, and to let it air dry before visiting any other vernal pools.

Tips for the Field

You Could Find a "New" Vernal Pool

If you find a vernal pool that was not predicted on your map, determine its location as best you can with a GPS unit, smartphone, or map, and **document it**. Make sure to name and label your pool for documentation. For "found" pools that have not yet been given an identification code, assign a new code by adding a letter to the code for the nearest PVP (i.e., ARN-07**A**, ARN-07**B**, etc.) Please remember to include your name, the date (including the year), the town, and the pool's code in your in-photo labels.

Take a Good Look Around

Walk slowly around each pool looking for amphibian egg masses. Make sure to cover the entire perimeter, and to pay special attention to shrubby areas and submerged sticks or vegetation, which often serve as attachment sites for amphibian eggs. Polarized sunglasses will help you see more clearly below the surface of the water. You may also wish to use binoculars to look for rafts of wood frog egg masses in the center of the pool.



spotted salamander photo © Dave Huth

Getting Good Photographs

To photograph obligate species breeding activity, place a labeled whiteboard or light-colored frisbee in the water behind egg masses before snapping your picture. When taking pictures of the pool itself, prop your whiteboard on a tree or hand it to your field partner to hold in the foreground for better visibility.

You'll get better pictures if you turn off your flash, and egg mass photos will show greater detail if the masses are gently raised to the surface of the water.



Whenever possible, leave egg masses attached to vegetation or sticks and take photographs in place. However, you may also wish to gently scoop some pond water — containing egg masses, salamander larvae, or fairy shrimp — into a shallow, light-colored bin or frisbee for close-up shots. Don't forget to double-check your photos before leaving your site to make sure that the writing on the "labels" is legible and that the subject of your photo is clearly visible.

Don't Forget the Data! Sharing your data is one of the most important parts of this process. When your fieldwork is complete, **be sure to submit all your data** (*including photographs*) at harriscenter.org/vernal-pool-project. Use the checklist on page 14 to confirm that you haven't forgotten anything.

Labeling Photographs

Help keep track of all your vernal pool pictures by "labeling" your photograph within the photo itself! Simply write:

- I. the pool's code
- 2. the town
- 3. the date, including the year
- 4. your name
- 5. what the picture documents (e.g., wood frog eggs)

on a dry erase whiteboard and include the board in your photographs. You'll get better pictures if you turn off your flash, and don't forget to double-check your photos before leaving your site to make sure that the writing on the "labels" is legible and the subject of each photo is clearly visible.



Drawing Field Sketches

Your field sketch should show: (1) the shape and approximate size of the pool; (2) a compass orientation; (3) the approximate distance to a nearby reference point, such as a road or trail; (4) the locations of amphibian egg masses; (5) the place where you took your overview photo of the pool; and (6) other distinguishing features, such as stone walls, large boulders, shrubby areas, footpaths, or distinctive trees. Use the standardized symbols below to make your sketch easy to interpret, and be sure to label your sketch with the pool's code or name, the date, the town, and your name. You may also wish to include GPS coordinates for the pool (in decimal degrees).





Sample Field Sketch

Feel free to get creative, so long as the basic elements — date, town, pool code, observer name, compass orientation, approximate distance to a logical reference point such as a road or trail, distinguishing characteristics, and egg mass locations — are included. *Maps do not need to be drawn to scale*.



Jefferson salamander photo © Dave Huth

Wood Frog (Lithobates sylvatica)

Freshly deposited wood frog eggs are a dense mass the size of a golf ball.

They may appear bubble-like at the surface of the water.







WOOD FROG egg masses are **spherical**, **lumpy blobs the size of baseballs or softballs**. Each mass may contain **up to 1,500 individual eggs**, which become green with symbiotic algae as the season progresses. Unlike salamander eggs, wood frog egg masses do not contain an outer, gelatinous casing. Many wood frogs lay their eggs communally, and you may find large stretches of wood frog eggs containing thousands of embryos. These egg rafts may appear bubble-like at the surface of the water.





Spotted Salamander (Ambystoma maculatum)





SPOTTED SALAMANDER egg masses consist of **30 to 150 individual eggs surrounded by stiff gelatin**, which holds its shape out of water. The masses range in diameter from one to six inches, are **circular to oval or kidney-shaped**, are often attached to twigs, and may be widely distributed throughout the pool. They are **clear or white in color**, and may turn green later in the season as algae grows inside the gelatin.

AVEO Ashuelot Valley Environmental Observatory



Jefferson/Blue-spotted Salamander Complex (Ambystoma spp.)



Hybrid egg masses often contain pearl-like,

They are often deposited in cylindrical "tubes" along the length of twigs.





white, infertile embryos.

JEFFERSON/BLUE-SPOTTED SALAMANDER egg masses are cylindrical in shape when attached to twigs and irregular when attached to soft vegetation. The masses are clear and not as stiff as spotted salamander eggs. They may appear loose or "drippy" out of water. They are typically found in small clusters of 12 to 75 eggs. Egg masses laid by Jefferson/blue-spotted hybrids often contain many white, infertile eggs.

than spotted salamander masses

AVEO Ashuelot Valley Environmental Observatory



Spermatophores





SPERMATOPHORES are deposited by both spotted and Jefferson salamanders. They **look like bread crumbs** scattered on the vernal pool floor, and are **often attached to twigs, stems, or leaf points**. Each spermatophore is composed of a white or yellow capsule on top of a clear, gelatinous platform.

EGG MASS OVERVIEW



WOOD FROG Texture: Tapioca Pudding Shape: Spherical Number of Eggs: Up to 1,500



SPOTTED SALAMANDER Texture: Jello Shape: Circular to Oval or Kidney-shaped Number of Eggs: 30 to 150



JEFFERSON SALAMANDER Texture: Jelly Shape: Cylindrical or Irregular Number of Eggs: 12 to 75





Tadpole or Salamander Larvae?

It's easy to tell tadpoles from salamander larvae: just look for feathery gills at the base of the neck. Because a body of water may be home to several different species of frogs — including non-obligate species — and because tadpoles are very difficult to identify to species, we rarely rely on tadpoles for determining whether a pool is indeed a *vernal* pool. Mole salamander larvae can also be difficult to identify to species, but because all mole salamanders are considered vernal pool indicator species in New Hampshire, the mere presence of mole salamander larvae is enough to classify a pool as vernal.



photo © Tim Beaulieu



photo © Vernal Pool Association

Fairy Shrimp

are delicate-bodied crustaceans about 0.5 to 1.5 inches long (slightly larger than a grain of rice). They may swim slowly, dart quickly, or remain stationary in the water column as they rhythmically beat their abdominal appendages, which double as respiratory organs. Occasionally, people mistake mosquito larvae for fairy



shrimp. However, unlike fairy shrimp — which are orange to green in color, and move gracefully through the water column — larval mosquitoes are black, and they exhibit distinctly spastic or wriggly movement. Fairy shrimp are the only obligate vernal pool invertebrate species that are recognizable exclusively as adults.

Vernal Pool Documentation Checklist

For each pool, please submit the following data and photos online at harriscenter.org/vernal-pool-project:

□ labeled photos of:

- \Box the vernal pool
- amphibian egg masses or fairy shrimp
- $\hfill\square$ a field sketch of the vernal pool
- data form or spreadsheet, including:
 - □ GPS coordinates for the pool's location
 - \Box written directions to the pool
 - estimated egg mass counts
 - habitat information



wood frog photos © Dave Huth

Want to Learn More? Check out these vernal pool resources.

- **A Field Guide to the Animals of Vernal Pools** by Leo Kenney & Matthew Burne A concise, user-friendly field guide to the amphibians, reptiles, and invertebrates of Northeast vernal pools. This is *the* field guide for vernal pool enthusiasts.
- **Vernal Pools: Natural History and Conservation** by Elizabeth Colburn With chapters on hydrology, vegetation, wildlife, and management, this comprehensive book contains everything you've ever wanted to know about vernal pools.
- **Identifying and Documenting Vernal Pools in New Hampshire** by Michael Marchand The official vernal pool documentation manual published by the New Hampshire Fish and Game Department (NHFG), available as a free download on the NHFG website.
- **vernalpool.org** Chock full of photographs and teaching tools, this website is also home to the fantastic Vernal Pool Association listserve.
- **vernalpools.me** The most comprehensive website about vernal pool ecology in the Northeast. Excellent videos, annotated presentations, downloadable field identification cards, and scientific and layperson-friendly publications related to vernal pools. Well worth exploring!

Sample Field Data Form

side / Vernal Pool Project Data Form
1. Date: 4/25/23 2. Town: Keene 3. Property Name: Robin Hood Park 4. PVP ID Code: RH-01 PVP stands for "potential vernal pool PVP ID codes can be found on the fiel maps provided by the Harris Center."
5. Volunteer Name: <u>Sally Mander</u> Volunteer Name: <u>Woody Freq</u> 6. Start Time: <u>10 AM</u> End Time: <u>11: 30 AM</u> Total Volunteer Hours: <u>3</u>
7. Latitude: <u>42.7172</u> LOCATION Longitude: <u>72.6745</u> Use NAD83/WGS84 for all coordinates, and enter coordinates in decimal degrees, with at least four decimal places, if possible. Example: Latitude 42.9505 Longitude -72.2955 8. Source of Coordinates (Lat/Long): Image: Center Image: Complex Latitude 42.9505 Longitude -72.2955
 9. This pool was: mapped by the Harris Center or project partners as a PVP previously unmapped Please mark the location of previously unmapped pools on your field map and label each "new" pool by adding A, B, C etc. to the number of the nearest PVP on the property (e.g., RH-7A for an unmapped pool discovered near Robin Hood Park Pool RH-7). 10. Written Directions to Site: Park at the pulloff for the unmarked Robin Hood Park Pool RH-7. 11. Written Directions to Site: Park at the pulloff for the unmarked Robin Hood Park Pool RH-7. 14. This add on Jordan Road. Follow the trail west for approx. 0.25 mi. This is the first pool on your left, just beyond a low stone well.
Please include: (1) a description of a logical starting point, including parking information; (2) the distance from the starting point to the pool; (3) your direction of travel; and (4) any other distinctive landmarks that could help us re-locate this site in the future. HABITAT 11. Is this site a vernal pool? X Yes No Unknown Unable to Locate 12. Pool Type: Check one. Upland-Isolated Floodplain Wetland Complex 13. Origin of Pool: X Natural Depression Natural, but Altered Constructed Pond
Check one. Quarry/Sand Pit Ditch or Tire Rut Created Wetland (for mitigation purposes) Unknown Other 14. Disturbances: None Dumping Ditching/Draining Ruts from Wheeled Vehicles
Check all that apply. Runoff/Siltation Other I.5. Surrounding Habitat: Open (shrubs, agriculture, grasslands) Solution Wetlands Check all that apply. Within 250 feet of the pool. Open Water (lakes, ponds, rivers, streams) Residential (lawn, some pavement and structures) Industrial/Urban (mostly pavement and structures) Paved Roads/Driveways Unpaved Roads/Driveways Solution 16. Did you observe water flowing out of the pool on the survey date? Yes No

Sample Field Data Form

side 2

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					HYI	OROL	OGY
17. Pool Width (ft):	50 Po	ol Length (ft):80] Meas	sured	≺ Estir	nated
18. Maximum Water Do on Survey Date:	epth 🗌 Anl	de-deep (< 6") 🗌 Shin- -deep (2-3 ft) 🗌 Ches	deep (t-deep	6-12") (3-4 ft	Kn ()	ee-deep eper th	o (1-2 ft) an 4 ft
19. Were fish observed	in the pool?	YES X NO Presence is not a another	e of fish i vernal po water bo	may indic ool. Please ody, or is	ate a perma e note if the within a riv	nent body PVP is col er floodpla	of water that nnected to in.
			2	0	BLIGA	TE SF	PECIES
20. Please circle the es	timated total nu a.	mber of egg masses for e	ach ol	oligate	species.		If you have an exact egg mass count, enter it in this column:
	a. Wood Fro	g Egg Masses	0	1-25	26-100	> 100	<u>.</u>
	b. Spotted Sa	lamander Egg Masses	0	(-25)	26-100	> 100	
D. C.	c. Jefferson S	alamander Egg Masses	0	1-25	26-100	> 100	5
We could not see in the could not see it the coul	s and twigs were	in the pool? Check one.		NONE	م ا-ا	• ⊠ ∶	> 10
Downed woody material is ofter	n used by amphibians fo	r egg attachment.		th.			
23. Were spermatopho	ores observed in	the pool? 🔀 YES 🗌	NO				
24. Were fairy shrimp	present? 🗌 YE		E				Contraction of the second
25. General Comments	s and Wildlife Ot	oservations: ont to hatch. Remo	ich a	- few	beer ca	ms fro	m the
pool. Saw a gart	ter snake bas	king at the pool's	edge .				
Include comments about the	e pool, surrounding h	-	ometion	is. Note	adult ampl	nibians se	en in and
around the pool. Please shar	re any questions that	abitat, or additional wildlife obs you have or advice for volunte	ers that	may be	conducting	follow-u	o visits.
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around the pool. Please shar 26. Which photos have Pool Overview Field Sketch Wood Frog Egg Mass Spotted Salamander Egg Jefferson Salamander Egg	you taken for th you taken for th g Mass g Ma	abitat, or additional wildlife obs you have or advice for volunter is pool? The name of (1) the PVP IC town name, (- For example: Submit all pho form was adapted from the Maine form tvernal Pool Mapping cts, as well as the official New shire state vernal pool	each ima code,) code, 4) your RH-07_ otos and	may be of age file s (2) the s (2) the s last nam field_skd data on	hould ideal ubject of tl e, and (5) t etch_Hanc line at har HAI FOR CO	follow-u ly include ne photo, he date o ock_Thel riscente RRIS (NSERVATIO	o visits. (3) the f survey. en_042124. r.org. CENTER

Guidelines for Contacting Landowners

When do I need landowner permission?

Landowner permission is not usually necessary for public land like state parks or town conservation land. However, it's essential for privately-owned parcels, even if they're under conservation easement.

Do not look for vernal pools on private land without first obtaining consent from the landowner. Check with the Harris Center if you're unsure whether you need landowner permission to visit a particular property.

How do I get permission, exactly?

It's best to have written landowner permission to visit vernal pools on private property. The Harris Center will have already obtained permission for properties being surveyed on our conserved lands. However, if you're documenting vernal pools on other private land, you'll need to contact the landowner before visiting the property.

What should I say?

Start by introducing yourself and the project: Hi, my name is Sally Mander and I'm volunteering with a project to map vernal pools on conserved land in the Monadnock Region. Based on an analysis of aerial photographs, we think you may have a vernal pool on your property. May I have your permission to visit the site and take pictures of any vernal pools I find there?

Better still: invite the landowner to accompany you on your visit! This sets the stage for positive working relationships. Additionally, since many of these landowners have chosen to establish conservation easements on their land, they might relish the opportunity to explore it with a skilled observer. They may also already know the locations of vernal pools for you to document.

What if the landowner has never heard of vernal pools before?

This is the perfect opportunity for informal education. The landowner may not know the *term* vernal pool, but they might be familiar with the "wicked big puddle" that forms in their woods every year. Explain that these puddles are important breeding sites for salamanders and frogs who migrate there each spring.

What if a landowner seems resistant to the idea of me visiting her land?

Don't force the issue. Stress that we will **not** go on anyone's land if they don't want us to be there, then make sure to let the Harris Center know that the landowner has declined to give permission.

What if a landowner has questions that I can't answer?

Encourage them to visit harriscenter.org/vernal-poolproject for more detailed information, or to contact Vernal Pool Project coordinator Brett Amy Thelen at thelen@harriscenter.org.

What if a landowner is concerned about the legal ramifications of having volunteers or vernal pools on their land?

Assure them that the New Hampshire Recreational Use Statute (212:34) specifically exempts landowners from liability for anyone "hiking" or "sightseeing" on their property, and volunteer fieldwork for this project falls under that statute. Additionally, although state wetlands regulations were recently amended to include vernal pools as wetlands that must be considered in development plans, there is limited legal protection for vernal pools in New Hampshire. In theory, if it is not part of a larger development project that requires a wetland permit, a New Hampshire landowner could clearcut the area around a vernal pool or develop the pool itself without legal repercussion. However, the conservation easements on these properties may already include protections for vernal pools and/or restrictions on certain forestry practices.

A few last thoughts...

Your visit has the potential to inform and inspire and landowners are more likely to take an interest in the vernal pools on their land if their experience with you has been a positive one. Remember to notify them of your visit in advance and to respectfully abide by their wishes regarding scheduling, parking, and other details. In addition, be sure to keep all landowner contact information confidential. It's also a great idea to thank the landowner after your visit, and to share your findings with them when you're done!